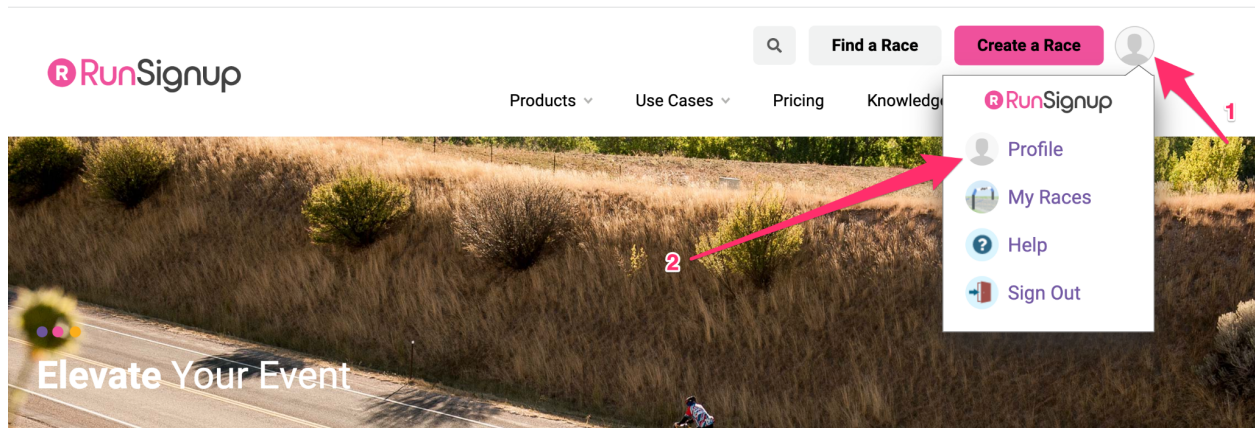
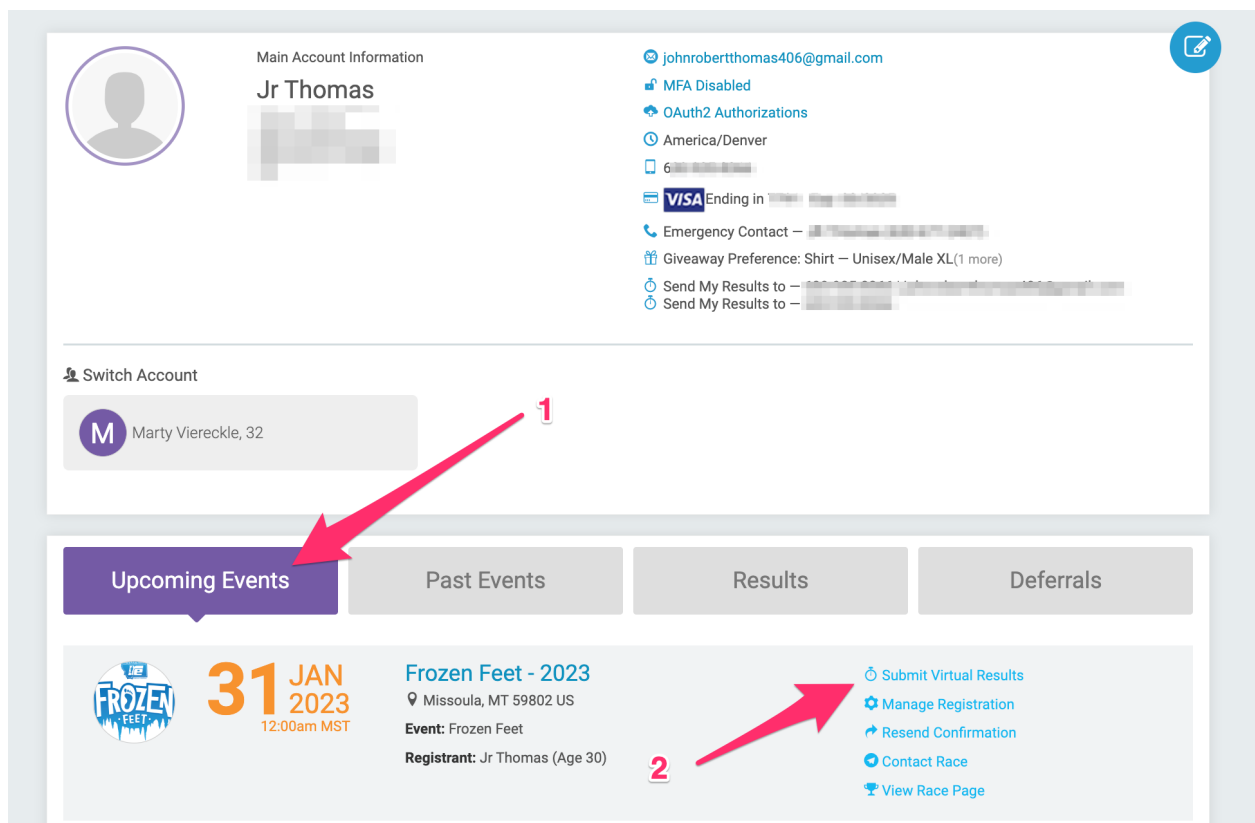


How to Log Frozen Feet Miles on Run Sign Up

1.



2.



3.

J

Log Activities
Jr Thomas: Frozen Feet
Results will be accepted from Tuesday January 31, 2023 12:00:am MST to Thursday March 2, 2023 12:00:pm MST. [Click here](#) for additional details.

New Activity

Date Completed *

01/31/2023

1

Distance in Miles *

miles

Convert from: ▾

2

Enter Your Time

00 : 00 : 00

HR MIN SEC

3

Comment

+ Add Another Activity

Import Activities from CSV file

Lock Account ▾

Submit Activity

4

4.

Jr, your activity has been saved!

Your results have been posted for the:
Frozen Feet

i

They should show on the results page within the next 1 - 3 minutes.

Add Another Activity

Back to Results

You Did It!!!